



Menu is subject to change* *RedRabbitisnut,seed,porkandshellfish- free kitchen
@myredrabbit • help@myredrabbit.com • myredrabbit.com





10/19/2026 - 10/30/2026

Classic Menu

Tacony High School

BREAKFAST

LUNCH

BREAKFAST

LUNCH

Monday 10/19/2026

Bagels & Cream Cheese
Apple
Clementine
1% & Fat Free Milk

Penne Bolognese
Peas
carrots

Caesar Salad
Wow Butter & Jam
Banana
1% & Fat Free Milk

Tuesday 10/20/2026

Blueberry Yogurt Parfait
Apple
Pear
1% & Fat Free Milk

BBQ Chicken
Collard Green
Roasted Corn

Grilled Cheese
Garden Salad
Melon
1% & Fat Free Milk

Wednesday 10/21/2026

Egg & Cheese Sandwich
Apple
Pineapple
1% & Fat Free Milk

Beef Chili
Broccoli
Yellow Squash

Caesar Salad
Tuna Salad Sandwich
Orange Slices
1% & Fat Free Milk

Thursday 10/22/2026

Creamy Oatmeal
Apple
Orange
1% & Fat Free Milk

Chicken Piccata
Carrots
Peppers

Caesar Salad
Buffalo Chicken Wrap
Melon
1% & Fat Free Milk

Friday 10/23/2026

Bread Pudding
Apple
Banana
1% & Fat Free Milk

Grilled Cheese & Tomato Soup
Broccoli
Cauliflower

Garden Salad
Chicken panini
Banana
1% & Fat Free Milk

Monday 10/26/2026

Blueberry French Toast
Yogurt Parfait
Apple
Milk

Chicken Teriyaki
Sauteed Peppers and Onion
Garlic Roasted Broccoli

Grilled Cheese with tomato
Garden Salad
Orange
Milk

Tuesday 10/27/2026

Torta Espanola
Bagel /Cream Cheese
Honeydew
Milk

Beef Taco
Seasoning beans
Roasted Corn

Vegetarian Quesadilla
Garden Salad
Honeydew
Milk

Wednesday 10/28/2026

Scrambled Eggs & Home Fries
Yogurt Parfait
Banana
Milk

Roasted Chicken
Honey Carrots
Collard Greens

Turkey and Cheese Melt
Garden Salad
Banana
Milk

Thursday 10/29/2026

Egg and Cheese Sandwich
Bagel /Cream Cheese
Cantaloupe
Milk

Pizza
Roasted Brussel Sprouts
Sauteed Yellow Squash

Roasted Veggie Wrap
Garden Salad
Cantaloupe
Milk

Friday 10/30/2026

Bread Pudding
Yogurt Parfait
Orange
Milk

Macaroni & Cheese
Roasted Squash
Steamed Broccoli

Buffalo Chicken
Garden Salad
Green Apple
Milk



WG= Whole Grain

A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.

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10/01/2026 - 10/30/2026

Classic Menu

Tacony High School

BREAKFAST	Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/01/2026	Friday 10/02/2026			
						LUNCH	Creamy Oatmeal	Bread Pudding
							Apple	Apple
							Orange	Banana
LUNCH	Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/01/2026	Friday 10/02/2026			
						1% & Fat Free Milk	1% & Fat Free Mil	
						Pizza	Rotisserie Chicken	
						Sauteed Squash	Steamed carrots	
LUNCH	Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/01/2026	Friday 10/02/2026			
						Green beans	Cauliflower	
						Buffalo Chicken Wrap	Chicken Parm Wrap	
						Spring mix salad	Spring mix salad	
LUNCH	Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/01/2026	Friday 10/02/2026			
						Pineapple	Banana	
						Milk	Milk	
BREAKFAST	Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026			
						LUNCH	Berry Bread Pudding	Torta Espanola
							Yogurt Parfait	Yogurt Parfait
							Bagel /cream Cheese	Green Apple
LUNCH	Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026			
						Banana	Milk	
						Chicken Scampi	Baked Ziti	
						Sauteed Squash	Cauliflower	
LUNCH	Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026			
						Roasted Tomatoes	Carrots	
						Caesar Salad	Caesar salad	
						Buffalo chicken Panini	Tuna Wrap	
LUNCH	Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026			
						Cantaloupe	Orange	
							Milk	
BREAKFAST	Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026			
						LUNCH	Patatas Bravas	Bread Pudding & Berries
							Bagel\cream Cheese	Parfait
							Banana	Honeydew
LUNCH	Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026			
						Milk	milk	
						Pizza	Rotisserie Chicken	
						Sauteed Squash	Steamed carrots	
LUNCH	Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026			
						Green beans	Cauliflower	
						Buffalo Chicken Wrap	Chicken Parm Wrap	
						Spring mix salad	Spring mix salad	
LUNCH	Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026			
						Pineapple	Banana	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Creamy Oatmeal	Bread Pudding
							Apple	Apple
							Orange	Banana
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						1% & Fat Free Milk	1% & Fat Free Milk	
						Chicken Piccata	Grilled Cheese & Tomato Soup	
						Carrots	Broccoli	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Peppers	Cauliflower	
						Caesar Salad	Garden Salad	
						Buffalo Chicken Wrap	Chicken panini	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Melon	Banana	
						1% & Fat Free Milk	1% & Fat Free Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Egg and Cheese Sandwich	Bread Pudding
							Bagel /Cream Cheese	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Pizza	Macaroni & Cheese	
						Roasted Brussel Sprouts	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Sauteed Yellow Squash	Steamed Broccoli	
						Roasted Veggie Wrap	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Cantaloupe	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Collard Greens	Steamed Broccoli	
						Turkey and Cheese Melt	Buffalo Chicken	
						Garden Salad	Garden Salad	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Banana	Green Apple	
						Milk	Milk	
BREAKFAST	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						LUNCH	Scrambled Eggs & Home Fries	Bread Pudding
							Yogurt Parfait	Yogurt Parfait
							Banana	Orange
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026			
						Milk	Milk	
						Roasted Chicken	Macaroni & Cheese	
						Honey Carrots	Roasted Squash	
LUNCH	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10				