Coaches please email me or text me 267-353-2228 if there are any practice or tryout dates you would prefer ASAP.

Updated: 8/23/2023

Games are in Pink and are the start times of the game

Day/Date	Time	Sport	Туре	Location
8/22 Tues	12:00 - 2:00 PM	Volleyball	Tryouts	HS Gym
8/23 Wed	12:00 - 2:00 PM	Volleyball	Tryouts	HS Gym
8/28 Mon	3:30 - 5:00 PM	Volleyball	Game	Home vs Audenreid
8/29 Tues	3:30 - 5:00 PM	Volleyball	Practice	HS Gym
8/30 Wed	3:30 - 5:00 PM	Volleyball	Practice	HS Gym
9/1 Fri	3:00 - 5:00 PM	Volleyball	Game	Motivation
9/4 Mon	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/5 Tues	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/6 Wed	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/6 Wed	3:30 - 5:00 PM	Volleyball	Game	Constitution
9/6 Wed	3:20 - 4:50 PM	Cheer	Tryouts	ES Gym
9/6 Wed	3:20 - 4:50 PM	Boys BB	Open Gym	Gambrel
9/7 Thur	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/7 Thur	3:20 - 5:00 PM	Cheer	Tryouts	ES Gym
9/8 Friday	3:30 - 5:00 PM	Volleyball	Game	Home vs Shoemaker Mastery
9/8 Fri	2:00 - 4:00 PM	Cheer	Tryouts	HS Cafe
9/11 Mon	3:30 - 5:00 PM	Volleyball	Game	School of Future
9/12 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
9/13 Wed	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/14 Thurs	3:20 - 5:00 PM	Cheer	Practice	ES Gym
9/15 Fri	2:00 - 4:00 PM	Volleyball	Practice	HS Gym
9/18 Mon	3:30 - 5:00 PM	Volleyball	Game	Dobbins
9/19 Tues	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/19 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
9/21 Thu	3:20 - 5:00 PM	Volleyball	Practice	HS Gym

Coaches please email me or text me 267-353-2228 if there are any practice or tryout dates you would prefer ASAP. Updated: 8/23/2023

9/21 Thu	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
9/22 Frid	3:00 - 5:00 PM	Volleyball	Game	MAST
9/26 Tues	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
9/26 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
9/28 Thurs	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
10/2 Mon	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
10/3 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
10/5 Thurs	3:20 - 4:50 PM	Boys Basketball	Open Gym	Gambrel Gym
10/5 Thurs	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
10/10 Tues	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
10/10 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
10/12 Thurs	3:20 - 5:00 PM	Cheer	Practice	HS Gym
10/13 Fri	3:30 - 5:00 PM	Volleyball	Game	Overbrook
10/17 Tues	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
10/18 Wed	3:00 - 5:00 PM	Volleyball	Game	Home vs West Phila
10/19 Thur	3:20 - 5:00 PM	Volleyball	Practice	HS Gym
10/19 Thur	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
10/20 Fri	3:00 - 5:00 PM	Volleyball	Game	MLK
10/20 Fri	2:00 - 4:00 PM	Cheer	Practice	HS Gym
10/23 Mon	3:20 - 5:00 PM	HS Boys BB	Tryouts	HS Gym
10/24 Tues	3:20 - 5:00 PM	HS Boys BB	Tryouts	HS Gym
10/24 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Cafe
10/25 Wed	3:20 - 5:00 PM	Cheer	Practice	HS Gym
10/26 Thurs	3:20 - 5:00 PM	Cheer	Practice	HS Gym
10/27 Fri	3:20 - 4:50 PM	HS Boys BB	Practice	Gambrel
10/30 Mon	3:20 - 5:00 PM	HS Boys BB	Practice	HS Gym
10/30 Mon	3:20 - 5:00 PM	HS Boys BB	Practice	HS Gym
10/31 Tues	3:20 - 5:00 PM	Cheer	Practice	HS Gym
11/1 Wed	3:20 - 4:50 PM	HS Boys BB	Practice	Gambrel

Coaches please email me or text me 267-353-2228 if there are any practice or tryout dates you would prefer ASAP. Updated: 8/23/2023

Opualed. 0/23/2023				
11/2 Thurs	3:30 - 5:00 PM	Cheer	Practice	HS Gym
11/3 Fri	2:00 - 4:00 PM	HS Boys BB	Practice	Gambrel
11/6 Mon	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
11/8 Wed	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
11/9 Thurs	3:00 - 5:00 PM	Cheer	Practice	HS Gym
11/13 Mon	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
11/14 Tues	3:00 - 5:00 PM	Cheer	Practice	HS Cafe
11/15 Wed	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
11/16 Thur	3:00 - 5:00 PM	Cheer	Practice	HS Gym
11/17 Fri	2:00 - 4:00 PM	HS Boys BB	Practice	Gambrel
11/20 Mon	3:20 - 4:50 PM	HS Boys BB	Practice	Gambrel
11/27 Mon	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
11/28 Tues	3:30 - 5:00 PM	Cheer	Practice	HS Cafe
11/29 Wed	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
11/30 Thurs	3:30 - 5:00 PM	Cheer	Practice	HS Cafe
12/1 Fri	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/4 Mon	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/5 Tues	3:30 - 5:00 PM	Cheer	Practice	HS Cafe
12/5 Tues	3:00 - 5:00 PM	HS Boys BB	Game	Home
12/6 Wed	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/7 Thurs	3:15 - 5:00 PM	HS Boys BB	Game	Sayre
12/7 Thurs	3:30 - 5:00 PM	Cheer	Practice	HS Cafe
12/11 Mon	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/12 Tues	4:30 - 6:00 PM	HS Boys BB	Game	Franklin
12/12 Tues	3:00 - 5:00 PM	Cheer	Practice	HS Gym
12/13 Wed	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/14 Thurs	3:15 - 5:00 PM	HS Boys BB	Game	MAST II
12/14 Thurs	3:00 - 5:00 PM	Cheer	Practice	HS Cafe
12/18 Mon	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/19 Tues	3:15 - 5:00 PM	HS Boys BB	Game	Boys Latin

Coaches please email me or text me 267-353-2228 if there are any practice or tryout dates you would prefer ASAP. Updated: 8/23/2023

12/19 Tues	3:15 - 5:00 PM	Cheer	Practice	HS Gym
12/20 Wed	3:00 - 5:00 PM	HS Boys BB	Practice	HS Gym
12/21 Thurs	3:00 - 5:00 PM	Cheer	Practice	HS Cafe